



Wandsworth Older People's Forum

NEWSLETTER AUTUMN 2025

Annual
Report 2024,
p4



In this issue

- 1 WOPF's October conference, plus the Furzedown Bus
- 2 Ballet benefits older people
- 3 Su Elliott plus Forum reports
- 4 Fit, Active, Involved, etc
- 6 Sparkle goes from strength to strength
- 7 Jasmin Elvie: Obituary plus Sudoku/Useful tel nos
- 8 Join WOPF/Future speakers



Furzedown Bus report

Lilian, 96, the first member to go on the new minibus

The Furzedown Project's new minibus is already making a real difference to members. Recent outings have included seaside trips to Brighton and Eastbourne, as well as to Kew Gardens and Dulwich Park.

The Project's old bus was stolen last September, but thanks to the support of the local community they were able to buy a new bus in May. It has all mod cons including a wheelchair lift. Director Sandra Shaw said: "Thanks to the new minibus, our members are exploring again – and loving every minute."

One member commented: "The minibus makes me feel young again – I can get out, see friends, and enjoy the world." Charles Runcie

See Furzedown Project's entry in the "Fit Active..." section, p4

Battersea Community Festival

This year, WOPF's own Joe Stuart led the parade around the festival grounds, welcoming festival-goers from the stage (*right and far right*).



As usual, we ran a stall (*below*), where interested people could chat to our Chair, Syeda Islam, Joe himself, committee members Bharti Kotecha and Vicky Hutchings, as well as Hermione, Sandra and Joanna, volunteers from the wider Forum.



WOPF AUTUMN CONFERENCE

Improving Accessible Transport for All

14 October, 11am – 4pm



Hear from Expert Speakers on:

- Buses, Trains & Tubes
- Accessibility
- Blue Badge & Dial-a-Ride & Taxi Card
- Big Plans for Clapham Junction Station & Surrounding Area

Featuring:

Simon Hogg, Leader of Wandsworth Council, &
George Marcar MBE, Driver Communications Manager, TFL

Venue:

St Peter's Church, 23 Plough Road, Winstanley Estate, SW11 2DE

Registration: 10.30 onwards

Lunch & Refreshments will be provided

Book your place: syebat@hotmail.com

Finding my inner swan

My body was creaking. My mind was gripped by gloom. I was all of 76 years old, and something had to be done. Exercise seemed a good place to start, but fitness workshops didn't appeal. Prancing amid a bunch of leotarded grannies to thudding music would only highlight my deficiencies.

A friend offered a suggestion: ballet classes. Perhaps, I mused, here was a kind of exercise that might admit both elegance and dignity. According to Google, ballet can transform old folks' strength, agility, balance, co-ordination and posture, not to speak of its impact on memory, confidence and well-being.

Getting stuck in wasn't a problem. Plenty of courses are available, many licensed as elderly-friendly through a programme called Silver Swans, run by the Battersea-headquartered Royal Academy of Dance. The academy hosts a swannery of its



own at its imposing York Road premises. I became a cygnet.

Tutus and bunned hair weren't required; leggings, a T-shirt and cheap dance shoes from Amazon were sufficient. My classmates were friendly, welcoming and interestingly diverse.

The procedure was a warm-up march around the room, followed by concentration on a wide range of moves at the barre, then sorties into a few choreographed routines. Our teacher was impressively skilled, yet endlessly patient.

It was a shock at first. The idea that my aged body should ape the footwork of my Sadler's

Wells idols seemed embarrassing for about a minute and a half. Thereafter I was struck by the impression that I'd become a different person. It didn't matter that I was slow to grasp each move or had difficulty remembering it. Somehow I'd been released from the prison of old-age movement and mindset. An ugly duckling had indeed uncovered the soul of a swan and was taking flight.

I didn't get good at ballet. I didn't need to. Instead, I managed to reconnect with a sense of grace, fluency and joy I had not known for years. The moment the music started, I felt lighter and more flexible. My spine stiffened, but my aches and pains gave way to a long-forgotten sense of serenity. After class, of course, the old problems returned, but not quite in the same way. Somehow their burden had lightened. Thank you, ballet.

Jill Chisholm

To find your nearest Silver Swans class, go to: royalacademyofdance.org/dance-classes/

Photo: David Cox (WOPF member)

The first speaker at the April meeting was **Emma Chisholm** who founded the first Sparkle intergenerational community centre in Wandsworth (East Putney) in June 2022, based on an idea that started in Japan in the 1970s, spread to the US and featured in a Channel 4 documentary titled "Old People's Home for 4 Year Olds" in 2017. This followed a six-week experiment in Bristol where toddlers were introduced into a retirement community, and repeated in Nottingham a year later. A team of specialists in geriatrics medically tested the impact the children had on the older group and the results showed significant improvements in mood, movement and mobility.

The aim at Sparkle is to encourage relationships to



"spark" between old and young and to benefit both groups. The older people "smile more" and have improved cognitive skills, are healthier and find they have a lot to teach the children, so families also benefit. The first Sparkle centre was followed by a second centre in Battersea in 2023. Emma had come to tell us about the third centre in Earlsfield, which had opened at the end of 2024, and a fourth in Roehampton due to open later this year (*see article on*

p6). Each centre works with a different primary school and provides a range of activities plus a warm nutritious meal.

The second speaker was **Erica Parrett**, a London based arts educator in textiles and craft. Since May 2024, she has run a free monthly craft workshop at the National Trust property at 575 Wandsworth Road, open to the public now for 10 years. She began by telling us about the Kenyan-born poet, novelist and civil servant Khadambi Asalache (1935-2006), who bought the house in 1981 while working at the Treasury. Over the years, he embellished every wall, ceiling and door with carefully wrought fretwork cut by hand from reclaimed pine doors and

Bits drop off ... How I live now

I've got hearing aids. I expect a few of you have them too. I've decided, being a cheapskate, and cos I don't wear them all the time, to make do with the NHS ones, which several friends informed me do the job quite well. Very possibly, but they're really not designed for arthritic fingers. What am I saying? They're really not designed AT ALL.

If I had proper fingers instead of three thumbs and a strand of spaghetti, I'd maybe manage better, but I fiddle and fiddle about with them, get them looped over my ears, then realise they are pointing the wrong way. But even before that, I have to put the teensy-weensy battery in the teensy-weensy hole ... the RIGHT WAY UP! ... and of course I drop them and they inevitably roll under the sofa (Be of stout heart ye who grope beneath) so there's much swearing and prayers to the Patron Saint of Hearing (St Francis de Sales, just so you know). I could do with a Patron Saint of Dexterity, but I can't find one.

It doesn't help just putting them down on the kitchen table. The kitchen table is the Bermuda Triangle of my house. I put things down, I turn around, I look back ... They're GONE. GONE!



How? Where? How does that happen?

My friend Mike has them as well and we compare notes frequently. He said he was so relieved that his knees had stopped clicking ... till he realised they were; he just couldn't hear them. I said if there are any clicking sounds in the vicinity, my aids will pick them up and emphasise them – timpani and castanets a speciality.

He said he was so relieved that his knees had stopped clicking ... till he realised they were; he just couldn't hear them

And I'm now using a walking stick. To have come to this! Though I do feel safer, particularly when going up and down steps and kerbs. But we're back to noises, cos when I use the stick it's like Blind Pew from *Treasure Island* coming round the corner. Friends hear me coming from the bus stop and can't wait to give me the Black Spot.

I ask you all, when will life get easier? But mustn't grumble, as me Granny used to say, cos really I'm doing OK and I hope that goes for all of you, as well! As I've said before, let's Keep on Trucking.

Su Elliott

floorboards. After her talk, Erica invited the audience to come up and make lavender bags to take home.

The first speaker at the May meeting was **Ruth McKinney**, a Development and Outreach Officer from the Wandsworth Community Empowerment Network, which is a "community led" organisation that "addresses disparities" in Wandsworth by offering advice, support and opportunities to people and communities facing challenges in accessing the services they need.

Our June speaker was **Mita Patel** from Age UK Wandsworth, who came to talk about scams and security. What, she asked, is a scam? Answer: it always involves

"cheating people out of their money". This can be done by email, by post, on the phone or in person. Scams will always involve someone pretending to be who they're not, employing various tactics to trick individuals into letting their guard down, giving up personal information, money, or access, for example to their devices. One of the most devastating of all can be bogus investment and pension scams targeted at older people.

In general, her advice is NEVER be rushed! Always take a step back and verify who you're dealing with and NEVER hand over personal information, such as your bank details or PIN number. Always be cautious and aware of your surroundings or anything suspicious when out and about. Mita ended by

advising anyone who's been scammed in any way to report it IMMEDIATELY to Action Fraud (tel: 0300 123 2040) or ring the Consumer Service helpline (tel: 03454 04 05 06).

The July meeting became our **Summer Party** where the Raffle raised £46 (photos below)!



Annual Report 2024

2024 was another year of energy, collaboration and resilience for the WOPF. As an organisation committed to representing and supporting older residents across the borough, we continued to champion the rights and interests of our members and ensure their voices are heard.

Committee

Our Committee of 10 meet on the first Tuesday of each month at the Anchor Centre, Garratt Lane. After a long period of stability, there have been several changes in the latter half of the year. Former chair Wendy Speck, former Hon Sec Liliias Gillies, and our Administrator Su Elliot all stood down for a number of reasons. It was decided the secretarial and admin jobs will merge, separating finances off to be taken over by new Treasurer Mo Smith.

Events

We hosted 11 Forums during the year. Guest speakers covered topics such as pensions, cost-of-living support, digital skills, trading standards, autism and local healthcare. All were well attended, with a lot of “networking” being done during our post-Forum refreshments.

Our annual Conference in November attracted over 80 attendees, taking as its theme “The Cost of Living Crisis”. Guest speakers included the Council Leader Simon Hogg, with lively discussion and valuable post-event networking.

Newsletter

We published four editions of our printed newsletter under the editorship of Vicky Hutchings. We have grown our readership by 18% year-on-year, ensuring important news reaches more older residents.

Collaboration

We work closely with local charities, carers’ groups, health organisations, and Age UK Wandsworth. There has been continued collaboration with the council on transport, housing, and social support services. We hold quarterly meetings with Steve Sheffleburg at the council to review progress against our grant and aims.

We represent WOPF members at the council’s Age-Friendly Borough initiative, and submitted consultation responses on healthcare, transport accessibility, and social care. We partnered with local NHS services to ensure better communication of key health updates. We appointed a new liaison manager Alistair Grant, funded by the council, to compile details of the older people’s groups in the borough, and increase participation in events.

Membership

Our membership remains at the heart of all we do. Individual membership on our database stands at 153 as at December 2024. Forum attendances average 75+ attendees per event, reflecting their continued interest and engagement.

Events

In September we participated in the Battersea Community Festival. In October we took a table at KLS “Brighter Living Fair”.

Priorities for 2025

Looking ahead, we aim to expand our reach, to ensure no older person in Wandsworth feels isolated or unheard.

Conclusion

Thanks to our committee, volunteers, members and partner organisations. Your support enables WOPF to remain an independent voice for older people in Wandsworth. Together we are making a difference.

Charles Runcie/WOPF Committee

Fit, Active,

Active Lifestyles To book low-cost sessions for the over-50s, contact Enable Leisure & Culture (which manages leisure & sports for Wandsworth Council) on 020 3959 0033/07928 668 215 or email activelifestyles@enablelc.org to find out about activities, times and prices. Everything from tai chi to keep fit for life to yoga, walking football and keep on moving.

Age UK Wandsworth offer a wide range of social activities including coffee mornings, seated yoga, Caribbean seated dance, Asian women’s exercise and a Friday arts and crafts lunch club. All are free to attend and open to all aged over-60. Would you like to attend or help out? Come and see if there is something for you at the Gwynneth Morgan Day Centre, 52 East Hill, SW18 2HJ.

Visit: www.ageuk.org.uk/wandsworth/activities-and-events/regular-activities/ Or **email:** outreach@ageukwandsworth.org.uk
Telephone: 020 8877 8947

Balham Autumn Rose Over-60s Club offers lunch/social on Tuesdays 10.45-3pm. Call Joan or Esmie on 020 8673 9724 (Tuesday) or email autumnrose@balhamsda.org.uk

Balham Weekly Dementia Café is a friendly meeting place for people with memory problems and their friends and family. Thurs 11-1pm, Balham Library, 16 Ramsden Road, SW12 8QY. Tel: 020 8673 1129. Chat and share experiences in a safe, friendly and supportive environment. Activities like games, singing, music and art on offer.

Café Connections Come and join a bunch of interested and interesting retired folk on Zoom on the second and fourth Thursdays of the month, 10-11am. Contact One Stop Organisers on tel 0333 014 7075 or email info@onestoporganisers.co.uk to book a place. First two sessions free.

Furzedown Project is open weekdays for the over-50s and offers a range of activities from bingo to photography to bridge to singing to Exercise Therapy to reduce falls and includes coffee mornings for the LGBTQ 50+ community. 91-93 Moyser Road, SW16 6SJ. Call 020 8677 4283 for more info.

Involved and Interested



Heart & Lungs Singing Group is a free, welcoming community choir based in All Saint's Church, Brudenell Road, SW17 8DQ and open to anyone living with a lung or heart condition. Through music, breath-work and connection, we sing together, support each other, and have a lot of fun along the way! Fortnightly Thursday, 2-3.15pm, email kimhandlsg@gmail.com

Hestia Activity Centre for older adults from 10-4 every weekday exc Thursday. A range of social activities at 966 Garratt Lane, SW17 0ND inc tai chi, chair dance, choir, art, bingo and IT at low cost. For info and to book, call 020 8767 8426. Hestia also now runs an Age Well programme of activities for the over-55s in Roehampton, inc seated yoga, art and craft, quiz, lunch club and more. All welcome. For info, email Rita Wing Hung on kawing.hung@hestia.org

Iris Dementia Cafe St Luke's Church, 194 Ramsden Road, SW12 8RQ. Third Saturday of the month, from 2-4.30pm. For carers and the person they care for to socialise with others affected by dementia and take part in activities over refreshments.

Katherine Low Settlement offers a meeting place, support, exercise and lots of activities as part of its Age Well and Core programme (including Table Tennis Club, Lunch Clubs, Craft Sessions and more) for people 60+ in Battersea. Tel 020 7223 2845 for more info about what's on offer or email elders@klsettlement.org.uk

Lavender Bridge Club meets at York Gardens Library Hall for tea/coffee, cakes and bridge every Wed and Fri. Call Andrew on 07940 354203 or email: andrewstimson@yahoo.com

Monday Club 2-3.30 on Mondays at St Barnabas Church, 146 Lavenham Road, SW18 5EP. Opportunity for over-50s to share refreshments and entertainment. Nominal charge. Call Margaret on 020 8870 5364.

Open House for Seniors A weekly social group for older people. Refreshments, activities, trips. Every Monday, 10.30-12pm in Ackroydon Hall, Montfort Place, SW19 6QL. For more info, call 020 8877 8940 or email info@ackroydonhall.com

Launch date: 5 November

You are invited to the launch, from 2.30-4.30pm, of our new **Memory Café** for those living with dementia or memory loss

Nightingale House
105 Nightingale Lane
SW12 8NB

The café will then run on the first Wednesday of every month. Call 020 8673 3495 or email awakefield@nightingalehammerson.org for info

Places Leisure runs activities for older adults across the borough that include line-dancing, falls prevention classes, Forever Active wellness classes and more. Search for "Older Adults Activities in Wandsworth" at www.placeleisure.org where you can find the activities held at every centre.

Regenerate-RISE open-access day centre in Putney provides lunches, activities including exercise classes, health and wellbeing topics, bingo and entertainment, plus an outreach programme. Tel 020 8780 9330 for more information.

Roehampton Community Shed is run by Age UK. Weekly group where men (or women) over 60 can meet and work on practical projects such as furniture upcycling while enjoying tea and a chat. Every Wednesday, 11-3pm. Portswood Place, SW15 4ED. Tel: 020 8877 8940.

Singing for the Brain Run by the Alzheimer's Society in Wandsworth Libraries. **Battersea Park Library:** Tuesdays, 3-4pm (tel: 020 7720 4122); **Putney Library:** Wednesdays, 3-4pm (tel: 020 8780 3085).

60+ Cafe A warm and friendly cafe for the over-60s held in Roehampton Methodist Church, Minstead Gdns, SW15 4EB. Activities & food. Thurs, 11-4. Tel 020 8487 8285 or email admin@roehamptonmethodist.org.uk

Sparkle To register, contact hello@sparkletogether.org or call 020 8877 3003 or visit sparkletogether.org to find out more about our intergenerational community centres:

Sparkle Earlsfield: Weds 10.30-14.00, St John the Divine Church, Garratt Lane, SW18 4EH.

Sparkle East Putney: Tues & Thurs 10.30-14.00, St Stephen's Church Hall, Manfred Road, SW15 2RS.

Sparkle Battersea: Weds 10.30-14.00 St Michael's Wandsworth Common, Cobham Cl, SW11 6SP

Sparkle Roehampton: Tues 10.30-14.00, Holy Trinity Roehampton, 7 Ponsonby Road, SW15 4LA.

Sunflower Dementia Cafe Mount Court, 16 Weimar St, SW15 1SJ. First Saturday of the month, 2.30-3.30pm. Carers with/without the person they support can meet to find support and make friends over tea.

Tooting Graveney Day Centre Activities, exercise classes and lunch for older people, from 11-3pm, Mon & Thurs at 14-16 Lynwood Rd, SW17 8SA. Tel 020 3602 8251 for prices.

Walk Wandsworth. For free walks around the borough's green spaces, go to enablelc.org/walkwandsworth and click on "Register".

Wandsworth U3A (University of the Third Age) was founded in 2002 and currently has over 400 members. We are a welcoming group and hold a monthly meeting, normally with a guest speaker, on the third Monday of the month in Burrage Gardens Community Centre, SW11 1AY. Meetings are 2.15-4pm, cost £1. We currently have over 50 interest groups. To find out more, go to wandsworth.u3asite.uk/?s=groups

Wandsworth Asian Women's Association offers a lunch club Tuesday and Wednesday for older women who want to meet up socially or seek advice. Talks given. Exercise & English classes. Call 020 8875 9465 for further info on classes.

WOFA (Wandsworth Over-50s Activities) For £10 a year you get 4 programmes of up to 30 outings each, prices vary. Events range from free walks, museum and art gallery visits, meals out, minibus trips, concerts, socials and even holidays. We are not on the internet, but a call to 07958 440808 will ensure you are posted a membership pack. Or write to: WOFA, Training and Resource Centre, Alma Road, SW18 1AQ.

Sparkle goes from strength to strength

Sparkle, the intergenerational community project founded in Wandsworth, has opened its fourth venue in Roehampton. Also active in East Putney, Battersea and Earlsfield, Sparkle welcomes local older people to join for intergenerational activities, seated exercise and a warm lunch.

At Sparkle, older people become 'Grandfriends' to children from partner primary and nursery schools with different interactive activities each week. The programme includes craft, singing, gardening and games plus guest speakers and performances – no two days are the same!

Roehampton Sparkle is open



"An exciting programme is planned"

every Tuesday in Holy Trinity Church, which is just off Roehampton Lane and easily accessible by local transport.

The children join each week from Roehampton Church School and, in the school holidays, children from the local community are welcome to join with their parents or carers.

Founder Emma Chisholm said: "We are so delighted to bring Sparkle to Roehampton and have an exciting programme planned for the Autumn term.

We can't wait to see more intergenerational relationships blossom."

All older Wandsworth residents are welcome at Sparkle. There is no charge to attend but a £2 donation for lunch is appreciated if affordable – to register, contact us at hello@sparkletogether.org or phone 020 8877 3003 or visit sparkletogether.org

See Sparkle's entry in the "Fit, Active ..." section on p5

Personalised compassionate home care



Our Care Professionals are carefully chosen and matched to your individual needs, providing continuity, compassion and someone who really cares.

Our Services include:

- | | | |
|-----------------|-----------------|--------------------------|
| ■ Dementia care | ■ Home Help | ■ Live in & respite care |
| ■ Companionship | ■ Personal Care | ■ Overnight care |

Get in touch today

Call **020 8871 0006**

Email enquiries@hiscwandsworth.co.uk

Visit our website homeinstead.co.uk/wandsworth-lambeth



Each Home Instead® franchise office is independently owned and operated. Copyright© Home Instead 2025.



Jasmin Elvie, 1929-2024

Jasmin Elvie moved to London from Jamaica in the 1950s to join her husband. She worked hard and eventually trained as a nurse, working in our local hospitals. She had six children and adopted another child. The family lived in Balham, where she became known as the “mother of Balham” because the local children would join her own children for a helping of her “Saturday Soup”. She, later supported by her second husband, continued helping in the community for the rest of her life.

Jasmin joined the Wandsworth Older People’s Forum in 2012 and later became a member of the Committee. She helped in whatever way she could and enjoyed meeting other people.

She was also Vice Chair of the Residents Association at Catherine Baird Court Sheltered Housing Scheme. A very important part of the community, she helped to arrange outings and was part of the Craft Group.

Tragedy struck the family on 3 May 1995 when Brian Douglas, Jasmin’s son, was arrested by Kennington Police and hit on the head. He died on 8 May as a



Jasmin Elvie: mother of Balham

result. Jasmin gave a speech to the angry crowd gathered outside the police station. She calmed them down, saying she wanted Brian to be remembered peacefully. At the inquest, eye-witnesses alleged that Brian was hit as he walked backwards from a police officer, with his hands empty and not posing any threat. Hundreds attended his funeral without any trouble.

Brian Douglas’s death was nevertheless officially given as a result of “misadventure”. The family continued to try and get justice for Brian. Jasmin’s ashes are interred with Brian’s.

Valerie Hambelton

See the Tribute to Jasmin Elvie at jasminelvie.muchloved.com/

Autumn Sudoku *Solution on back page*

		4	9		5	1		
9		2	1					8
	6				4		3	
	5						6	1
	4					8		
						2	7	
			7			9		
5	7			2				
		3					4	

“Results suggest that the brains of people who regularly do puzzles function similarly to people 10 years younger.”
– Better Ageing

Each of the nine blocks must contain the numbers 1-9, with each number appearing only once in a row or column or block

Useful telephone numbers



Action Fraud 0300 123 2040

Age UK Wandsworth (AUW)
020 8877 8940

AUW Handyperson Service for older people 020 8877 8949

Alzheimer’s Society
020 8687 0922

Citizens Advice Wandsworth
0300 330 1169

Elays Advice & Advocacy
020 7720 6864

Gas Emergency 0800 111 999

Home Delivery Library Service
020 8877 1742 – select opt 2

Mushkil Aasaan Advice/support 020 8672 6581 (Asian families)

National Dementia Support Line
0333 150 3456

National Domestic Violence Helpline 0808 200 0247

Over-50s Alcohol Helpline
0808 801 0750

Relatives & Residents Association Helpline
020 7359 8136 (care homes)

Rethink Advocacy
0300 790 0559

Silverline 0800 470 8090

Victim Support Wandsworth
020 7801 1777

Wandsworth Carers’ Centre
020 8877 1200/020 8675 0811

Wandsworth Community Transport 020 8675 7460

Wandsworth Council
♦ Cost of Living Hub (free) **0808 175 3339**
♦ Switchboard **020 8871 6000** (answered within 7 rings)
♦ 24-hour emergency helpline **020 8871 7490**
♦ Parking & Streets/inc pavements **020 8871 8871**
♦ Noise **020 8871 6127**
♦ Adult Social Care **020 8871 7707**
♦ Housing **020 8871 6161**

Wandsworth Wellbeing Hub (NHS)
020 3880 0308



Registered charity
No 1096322

Correspondence

Wandsworth Older People's Forum, FREEPOST, c/o WCEN, DRCA Business Centre, Charlotte Despard Avenue, SW11 5HD

Newsletter Editor

Vicky Hutchings
hutchings.vicky@gmail.com

Membership Secretary

Charles Runcie
charles@charlesruncie.co.uk

Thank you!

The Forum would like to thank all our volunteers for their hard work, whether they have helped with refreshments, put out the chairs at meetings, proofread the newsletter or helped with the sound system. Thanks go to: **Mahid Condal, Rob Kennedy, John Flynn, Sandra Lo, Trish Loy, Jeff Barber and Zoe Chan.** If there are any others who would like to volunteer, please contact Syeda at syebat@hotmail.com

Answers Autumn Sudoku (p7)

7	8	4	9	3	5	1	2	6
9	3	2	1	6	7	4	5	8
1	6	5	2	8	4	7	3	9
2	5	7	8	4	9	3	6	1
6	4	1	3	7	2	8	9	5
3	9	8	5	1	6	2	7	4
4	1	6	7	5	3	9	8	2
5	7	9	4	2	8	6	1	3
8	2	3	6	9	1	5	4	7

Forthcoming speakers at the Forum

Tuesday 14 October
Meeting replaced by whole-day
Transport Conference
(See advert on p1)

Tuesday 11 November
Arts, Culture & Social Activities
Speakers from the Royal College of Dance, U3A and the 60+ Cafe

Tuesday 9 December
Christmas party
with the usual round of entertainment, including a raffle, and party food

Tuesday 13 January 2026
Film Screening – "Allelujah" based on an
Alan Bennett play about a geriatric hospital
Joint meeting with KLS to be held at 108 Battersea High Street, SW11 3HP



Refreshments provided at every meeting

Meetings are held at 2pm on the second Tuesday of the month at the Anchor Centre (unless indicated otherwise), 73 Garratt Lane, SW18 4DU (buses 44 or 270, Swaffield Road stop)

We're on the Web
<https://www.wopf.org.uk/>

Supported by



Affiliated to
the National
Pensioners
Convention



Management Committee

Syeda Islam MBE Chair
Tony Tuck Vice-Chair
Dawn Killeen Hon Sec
Charles Runcie
Membership Secretary

Valerie Hambelton, Joe Stuart, Nathalie Gibson-Wilson, Sarah Goodall, Vicky Hutchings, Vito Ward, Lys Innes, Bharti Kotecha

WOPF Privacy Statement

We only use your data to send you the newsletter or information about activities. We do not share your data with third parties. We hold your data securely.

Membership Application/Renewal Form

If you would like to join or re-join the Wandsworth Older People's Forum, please complete the subscription form below and return with your payment of £10 (annual subscription for individuals or organisations) to: **Membership Secretary, Wandsworth Older People's Forum, FREEPOST, c/o WCEN, DRCA Business Centre, Charlotte Despard Avenue, London SW11 5HD.**

I wish to join/rejoin the Wandsworth Older People's Forum:

Name (individual or organisation)

Address

..... Postcode.....

Phone (Home)..... (Mobile).....

Email.....

(This is important as, in future, because of funding we may need to communicate with you by email, not post.)

♦ I enclose a £10 cheque/PO payable to Wandsworth Older People's Forum ☐

♦ I have made a payment of £10 into the Wandsworth Older People's Forum account at **Lloyds Bank, Sort Code: 30-99-08, Account no: 22084368** ☐
Please put your name as the reference or we won't know who sent it!

I might be interested in being a volunteer ☐

I am a UK tax payer and would like my subs to be gift-aided ☐

Signed Date